

Nutrition Facts

Serving Size: Three Level Scoops (25 grams)

Servings Per Container: 18

Amount Per Serving:

Calories: 110

Calories from Fat: 10

| | | % Daily Value |
|---------------------|-------|----------------|
| Total Fat | 1 g | 2%* |
| Saturated Fat | 0 g | 0%* |
| Trans Fat | 0 g | |
| Cholesterol | 20 mg | 6%* |
| Sodium | 85 mg | 3%* |
| Total Carbohydrates | 9 g | 3%* |
| Dietary Fiber | 0 g | 0%* |
| Sugars | 3 g | |
| Protein | 15 g | |
| Vitamin A | < 2% | Vitamin C < 2% |
| Calcium | < 2% | Iron < 2% |

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less Than | 65 g | 80 g |
| Saturated Fat | Less Than | 20 g | 25 g |
| Cholesterol | Less Than | 300 g | 300 g |
| Sodium | Less Than | 2,400 g | 2,400 g |
| Potassium | Less Than | 3,500 g | 3,500 g |
| Total Carbohydrate | Less Than | 300 g | 375 g |
| Dietary Fiber | | 25 g | 30 g |
| Protein | | 50 g | 65 g |

Calories Per Gram

Fat 9

Carbohydrate 4

Protein 4

Ingredients: Calcium Sodium Caseinate, Whey Protein Concentrate, Natural Flavoring, Lecithin, Carrageenan.

Contains: Milk, Soybeans.

Product #355