

# Chia Seed Product #338

## Supplement Facts

Serving Size: 4 Capsules

Servings Per Container: 62

Amount Per Serving	% Daily Value	
Total Carbohydrate	1 g	<1%*
Dietary Fiber	1 g	4%*
Chia Seeds	2.6 g	†
providing:		
Alpha-Linolenic Acid	500 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value Not Established.

Other Ingredients: Vegicaps (Hypromellose).