

Supplement Facts

Serving Size: 3 Tablets

Amount Per Serving	% Daily Value	
Calcium (as Oyster Shell, Egg Shell, Calcium Lactate, Calcium Citrate)	600 mg	60%
Magnesium (Magnesium Oxide)	240 mg	60%
Manganese (Manganese Chelate)	12 mg	600%
Vitamin D ₃ (Cholecalciferol)	240 IU	60%
Garlic (bulb)	120 mg	†
Spirulina (algae)	84 mg	†
Horsetail (aerial parts)	60 mg	†
Boron (Boron Citrate)	1.5 mg	†

† Daily Value Not Established

Other Ingredients: Microcrystalline Cellulose, Food Glaze, Magnesium Stearate, Ethylcellulose, Croscarmellose Sodium, Stearic Acid, Povidone, Silicon Dioxide.

Contains egg.